



# THEMBALITSHA

2022 ANNUAL REPORT

WORKING TO RESTORE HOPE AND DEVELOP SELF-RELIANCE

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# BOARD OF DIRECTORS

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# BOARD OF DIRECTORS

## SOUTH AFRICA

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ANTHONY GEARD - *Chairman*  
MONICA FOLSCHER - *Managing Director*  
GUNDO MASWIME  
LUYANDA NDLELA  
ALISON CARVALHEIRO - *Treasurer and Secretary*  
MARK VOLMINK  
KATIE VISSER

## USA

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ANTHONY GEARD - *Chairman*  
HELEN BAXTER-SOUTHWORTH - *Chair*  
ANTHONY GEARD - *South African Representative*  
LINDSAY NGIDIWE - *Development*  
KIRSTIN HENLEY - *Secretary*  
NIPHO ANYUMBA - *Treasurer*

## UK

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DAVID WARTSKI  
KATE CHRISTIE  
ANTHONY GEARD

20

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**MESSAGES**

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## MESSAGE FROM THE CHAIRMAN

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The Thembalitsha Foundation celebrated its 25<sup>th</sup> anniversary last year; we are no longer a start-up! In fact, all the signs of adulthood and, dare I say it, maturity are increasingly evident. We have clarity of purpose, a resilient and values-based culture and strong momentum. Best of all, we have amazing people with lots and lots of highly relevant experience in all the key areas. After a few years of consolidation, there is a renewed appetite to expand and grow and take on new challenges. May 2023, by God's grace, be Thembalitsha's best year yet!

Much of the success and progress that Thembalitsha has achieved in recent years can be attributed to the wise and capable leadership of our long-serving managing director, Monica Folscher. I extend to her and her executive team, including all the project managers, our thanks and appreciation. The stability and operational health that Thembalitsha enjoys is all the more remarkable when one considers how disruptive the South African context has been. The new year is unlikely to be any gentler as we contend with aggravating levels of load shedding and other forms of disruption to services that government is constitutionally mandated to provide.

I am reluctant to highlight stand-out successes at particular projects because all of them are doing so well under the excellent leadership of their respective project managers. However, the following developments are noteworthy:

- The School of Hope has rediscovered its purpose and vitality after a tricky transition at its helm. The new principal, Patrick Lewis, has done a magnificent job in rejuvenating the staff, culture and school spirit and I commend him for his efforts and inspiring leadership. The Matric Dance was a highlight of my year. We are so blessed to have you on board, Patrick!
- Themba Training took a giant leap of faith during the year by expanding to much larger premises, where all sorts of new possibilities are being explored. The Service Centre has now joined Marla and her team at Yethemba Place. There is so much happening there, it is hard to keep up! Well done, Marla, for your vision and determination to make this happen.
- Mama Themba has also moved to new premises, where working conditions are much more favourable for Lindy and her growing team.

- Finally, Themba Connect in Adelaide (Eastern Cape) has a new spring in its step following the appointment of Sakhumzi Klaas as project manager. Our work there is very general in nature and must respond to the changing demands and requirements of the rural community that we serve. Despite the many challenges of operating in a rural context where so many things just don't work like we are used to in the greater Cape Town area, Sakhumzi keeps coming up with creative ways to serve Adelaide and the surrounding community and develop people to a place of greater self-reliance.

Three aspects of the work done at the Service Centre also deserve praise. Our finances are in excellent shape (hence the opportunity to explore new avenues of growth) and our budgeting and cash flow management processes continue to improve. Thank you, Goretti, for your indispensable work in this regard. Our marketing and fundraising efforts have gone from strength to strength under the leadership of Lindsay and Amanda and the Thembalitsha narrative becomes more compelling all the time! Finally, our human resources processes are fruitful and effective and Katie has demonstrated great initiative and innovation in improving our people-centric culture and the way in which we reward our staff for the tremendous work they do every day.

Finally, I want to express my appreciation to our board of directors, many of whom are new to the role and have limited experience in the non-profit space. I know it can be bewildering to deal with so many challenges all at once in the varying fields of education, healthcare and training. I know I speak for all of us when I say we are determined to grow and transform and serve the vision of Thembalitsha to the best of our ability. Thank you to Alison, Gundo, Luyanda and Mark for all your efforts and the support you have provided to me, Monica and the whole Thembalitsha family. A big thank you also to my colleagues on the Thembalitsha USA and Thembalitsha UK board, which serve as our fundraising arms in those countries.

In closing, I thank our dedicated staff for their considerable efforts and enthusiasm in the past year. May God's grace equip and strengthen us to do even better in the next year.

- Anthony Geard  
*Chairman*



# MESSAGE FROM THE MANAGING DIRECTOR

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What an amazing year we had at Thembalitsha, after the previous two years of uncertainty and challenges during the COVID pandemic.

In February 2022, our full workforce gathered in person to reconnect with each other, reaffirm our vision and mission and recommit to our organizational values. An amazing race through the quaint village of Philadelphia, a thanksgiving service in the historic church, followed by our award ceremony, set the theme and tone for 2022: Amazing Grace.

As a service delivery organization, providing services across three sectors, Health, Education and Training, our biggest asset remains our workforce. Staff wellness, staff development, employment equity and transformation therefore continue to be high on our agenda. As you will see from the reports, the service delivery to our beneficiaries has been of an outstanding quality.

Thembalitsha Foundation has never been in a healthier space in its 25 years history. The credit for this should not only go to our highly committed Board of Directors, our funding arms in the UK and USA, our competent Operations Manager, Service Centre departments, and skilled and efficient Project Managers, but to every single staff member. Great teamwork in action!

We are aware of challenging times ahead in terms of a global recession and challenges specific to South Africa, in terms of electricity and water interruptions, food shortages, rising fuel prices etc. Therefore, our expansion strategy remains conservative as we move into 2023. We will not be expanding in terms of new projects, but rather focus on internal expansion of certain projects, like expanding the skills development menu for beneficiaries at Themba Training, adding another classroom to Thembani in Grabouw and taking School of Hope to the forefront of digital education.

Thembalitsha Foundation has faced and overcome many challenges over the past 3 years and being in a healthier space, definitely gives us a bit of respite. To learn from previous challenges, position ourselves for difficult times ahead and improve future sustainability, in an ever changing socio-political landscape, are some of our key risk management strategies for the short and medium term.

At the beginning of 2022, we implemented our "Future Fund" across the Foundation, to bring us over time, to a position where we can sustain a full year's operation. We owe it to our beneficiaries, our staff, our loyal funders and supporters to sustain the confidence in our longevity, in a country where new nonprofits pop up like mushrooms and divide the already constrained funding pie.

We look back at 2022 with immense gratitude, approach 2023 with caution, and look towards the future with confidence that we will continue to serve the amazing individuals of our country.

- Monica Folscher  
*Managing Director*

# THEMBALITSHA USA

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## **SITTING DOWN WITH TUSA CHAIRPERSON: HELEN BAXTER-SOUTHWORTH**

Our role in the United States is to build awareness of the difference Thembalitsha makes and to raise funds to support of the work we do in South Africa.

2022 has been a year of staying connected to those who have come to South Africa from the US and want to contribute in some way. I know my first mission trip to Thembalitsha in 2010 was life-changing. And I want to keep the door open to everyone to come experience what we do, better understand the lives and dreams of those we serve and meet the staff who make it happen. What an experience it is to be more than a tourist! To walk alongside our staff as they work in the homes and communities and schools where we serve. To personally meet those our clients and witness first-hand the enormous desire for the health, learning and growth personally and for their families. The tangible impact of our services is amazing. Our highly skilled staff are full of loving kindness, respectful care, and dedication to restoring hope. What a team!

The biggest challenge or opportunity right now is communicating more broadly here at home (USA) the great work that Thembalitsha is doing.

In 2023, we hope we can get more people in the US involved in Thembalitsha – to become “ambassadors” for Thembalitsha, to visit and work alongside our staff to experience first-hand what we do. And to come home and get the word out about the good work we do. It’s energizing to meet and talk to friends from around the US who are curious about the Western Cape of South Africa and want to learn what Thembalitsha does on the ground daily.

What’s really cool is hearing the stories of the parents and women and children and youth we teach and care for grow and return to show and tell us their stories.

In closing, I continue to be incredibly grateful to be a part of the Thembalitsha team. There is an opportunity to make a difference outside one’s immediate neighborhood – to be a world citizen.

**RAISING AND CHANNELLING FUNDS TO THE WORK  
OF THE THEMBALITSHA FOUNDATION SOUTH AFRICA.**



**PERFORMANCE  
HIGHLIGHTS**

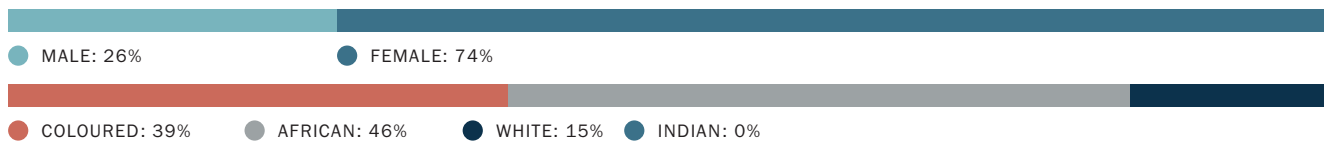


# 2022 HUMAN RESOURCES REPORT

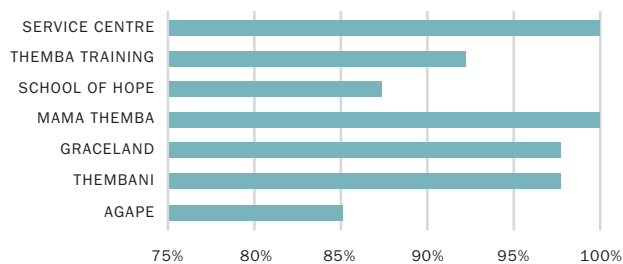
**IN SUMMARY:** What I realised during the last three years is that change is continuous, not episodic. From the sudden shift towards remote work, re-emerging health concerns, and the great reopening, to load shedding, rising unemployment and inflation, change is here to stay. And although we faced many

challenges during 2022, Thembalitsha employees once again amazed me with their ability to adapt to fast-paced changes. They have inspired me with their willingness to collaborate, their compassion for our beneficiaries, and daily managing their duties with integrity and professionalism. Well done Thembalitsha Team!

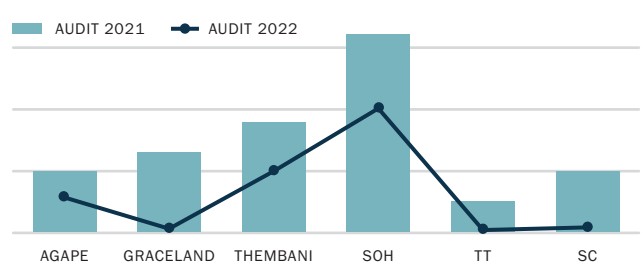
## THEMBALITSHA STAFF ANALYTICS



## HEALTH AND SAFETY COMPLIANCE SCORE PER PROJECT



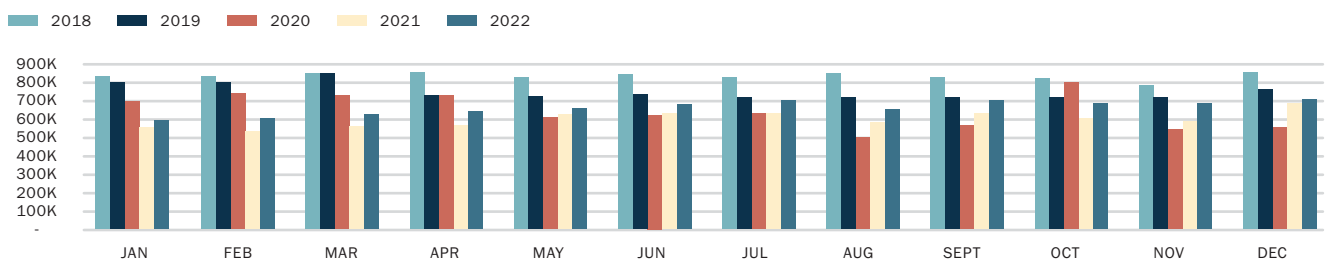
## HEALTH AND SAFETY RISKS REDUCED ACROSS PROJECT



**HUMAN RESOURCES ONLINE:** As we face unstoppable digital revolution and data security in the workplace, it is important that we become digitally savvy to leverage technology to our benefit. With this in mind, Thembalitsha have decided to move our current online workplace platform from Google drive to MS Teams. This shift provides a secure platform that allows teams to work together and asynchronously, with real time data and use latest applications to reduce workload and enjoy a balanced lifestyle.

**STAFF DEVELOPMENT:** Various internal and external training and development workshops are offered to employees during the year. In 2022 employees received access to Virtudy, a platform where MS Teams and application courses are loaded to complete in their own time. This is to enhance their existing skills and competencies and develop new ones.

## LAST 5 YEARS OF PAYROLL COMPARISON



**8% INCREASE**  
IN WORKFORCE



**25% DECREASE** IN  
STAFF TURNOVER



**17.49% DECREASE**  
IN ABSENTEEISM

# MARKETING, FUNDRAISING AND COMMUNICATIONS

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The Fundraising & Marketing team focused on a year of 'Anticipating Gratitude' and as we came to the end of 2022 we found ourselves doing exactly that; sitting in gratitude, full, present, and aligned.

We were reminded countless times during the year of the value of relationship-building with our partners, stakeholders, and our colleagues. Connection is integral to success. As we faced numerous changes and challenges we were assured that full-bodied support is what results in the best outcomes. We said goodbye to Lindsay Ngidiwe who was our formidable Global Team leader and whose work ethic was relational and all about encompassing smooth transitioning.

We remain in an attitude of gratitude in acknowledging the invaluable support of our institutional partners that have continued to walk above and beyond with us. ITS Solar & Heat Pumps, Patrizia Foundation, Stavanger Gospel Company, Anders Linden, Tranas-Resebyra, Ackerman Family Foundation, MacFarlane Family Trust, Capital Equipment Parts, Global BPO, Mapula Trust, Maria-Marina, Frank Connock Trust, to name but a few. We are encouraged by the level of partnership shown by Patrizia Foundation who have not only supported us financially but are also taking us into a digital era at School of Hope in 2023; a very exciting project! Companies and individuals suffered financial setbacks during covid that could no longer support us but once they showed signs of recovery their support for our work again was instant. We salute you all!

We are elated at the growth of our campaigns which saw an increase of 22.6% increase from 2021! These campaigns require a collective and intentional effort in which teamwork is imperative; on all levels. We are grateful to our board members both locally and abroad in the USA and UK for their involvement and network outreach.

Our team word for 2022 was 'gratitude' and as we enter 2023 our word for the year is GRACE. In all situations good or challenging, we are reminded to extend grace and to bring honour and credit to the work we do by being present and participative.

Let's go 2023!

- Amanda Nortje  
*Marketing Manager*

**WE REMAIN IN AN ATTITUDE OF GRATITUDE IN**  
**ACKNOWLEDGING THE INVALUABLE SUPPORT OF**  
**OUR INSTITUTIONAL PARTNERS THAT HAVE**  
**CONTINUED TO WALK ABOVE AND BEYOND WITH US.**

# 2022 CAMPAIGNS

## AMOUNT RAISED:



## MOTHER'S DAY

Mother's Day was celebrated in the UK and US and South Africa again this year by selling beautiful hand painted e-cards. These donations contributed to Mama Themba and Themba Training.



## SPONSOR A DESK

Sponsor a Desk continued this year with an incredible retention rate, resulting in donors coming back month after month and year after year. We started great conversations with a potential new corporate partnership to start in 2023 which will significantly increase Sponsor a Desk donations.



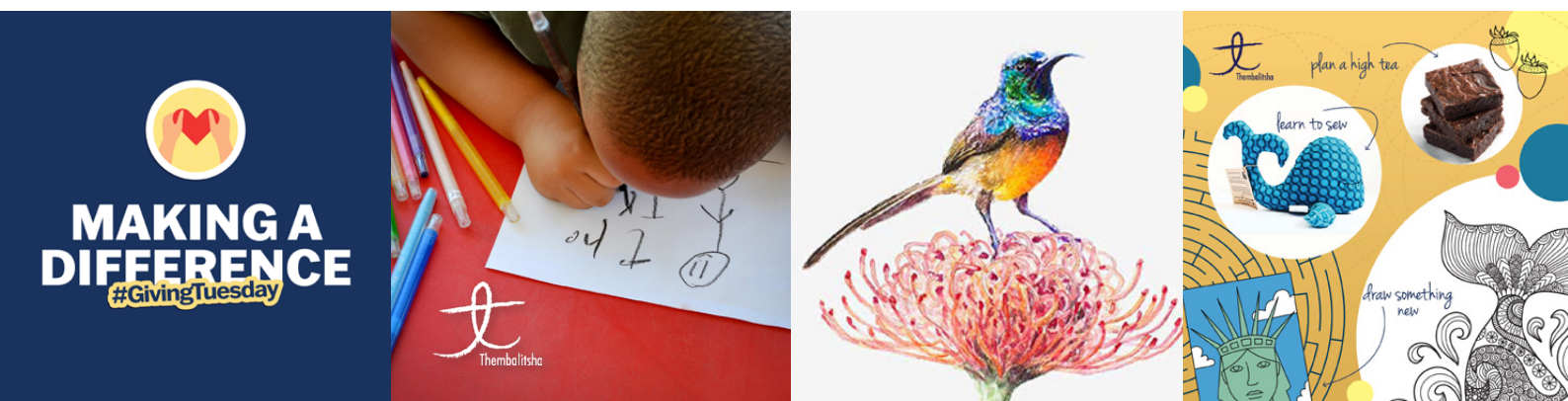
## GIVING TUESDAY

As Thembalitsha Foundation celebrated 25 years, we set out for a huge goal to raise \$25,000 (R433,000) in the month of December. Although we did not hit our target, we still did an amazing job raising almost \$18,000 (R310,000).



## GENERAL ONLINE DONATIONS

Every year, we still receive incredible general donations that are a result of people giving post-campaign or as a result of sending out email communications. Due to a wonderful online giving experience and a new website, we were able to significantly increase those online donations.

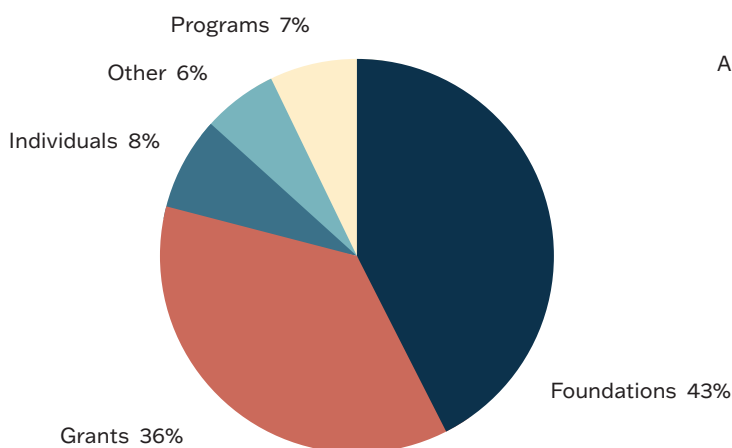


# FINANCE

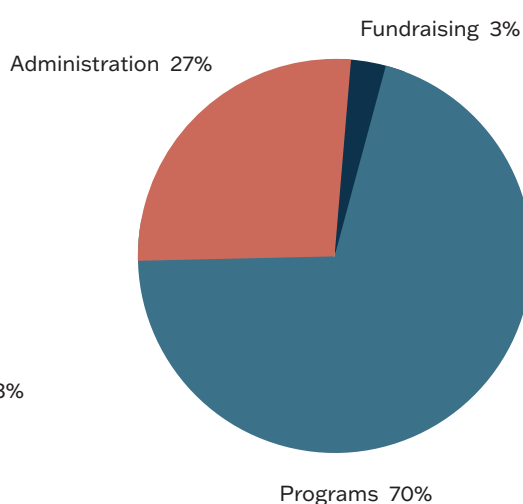
Thembalitsha Foundation NPC has adopted the principles of good corporate governance, which requires conducting business in an honest, ethical and transparent manner. Thembalitsha has a zero tolerance approach to fraud and fraudulent transactions. All our internal control systems, policies and procedures are intended to keep

our staff members accountable and give confidence to current and new funding partners that their contributions are well managed and meet all criteria, standards and ethical business principles. Our audited annual financial statements are available on request and published on our website.

## INCOME



## EXPENSES



2022 Year To Date	TOTAL	THEMBALITSHA FOUNDATION	THEMBA TRAINING	SCHOOL OF HOPE	MAMA THEMBA
Income:	16,456,116	3,968,766	532,471	7,889,198	881,939
Expenses:	14,275,412	3,655,076	569,210	6,703,769	737,121
Sustainability fund:	702,747	182,754	28,461	335,188	36,856
Profit/Loss:	1,477,957	130,936	(65,200)	850,241	107,962

	GRACELAND	AGAPE EDUCARE	THEMBA CONNECT	THE HUB	THEMBANI
	813,505	947,400	310,211	175,940	936,686
	653,448	632,484	302,914	220,480	800,910
	32,672	31,624	15,146	-	40,046
	127,385	283,292	(7,849)	(44,540)	95,730



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**HEALTH**

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# MAMA THEMBA

Mama Themba needed to move premises early in 2022 due to the Wendy House we were gifted some years back, being deemed not worth repairing. Commercial properties were in very low supply; however, we were thrilled to move to our pristine new premises in Audas Estate in Somerset West at the beginning of May. Due to having all our goods on site and more space than in the past 7 years, Mama Themba has gone from strength to strength.

We now have the space to host groups visiting our premises and this has been part of our strategy this year, especially around Mandela Day. We invited old supporters and new groups to spend a morning with us and this has paid great dividends. We have swelled our in-office volunteer teams to 2 volunteers per day Monday to Thursday, helping for a few hours every day. These ladies have not only become volunteers, but donors and ambassadors for us too.

We have several groups of home-based ladies (mostly elderly), who make various items for our tiny beneficiaries. They have made hundreds of jerseys, beanies and bootie sets for us; baby pants; crocheted blankets and various other beautiful items. These have saved us a huge amount of money and ensured that we have sustained our invaluable service to vulnerable mothers and babies at 3 local state hospitals, despite having a very low budget for 2022.

Earlier this year we appointed an Office Administrator who was previously a beneficiary! She recently found a full day job and another beneficiary who had been volunteering for us was appointed. This lady is wonderful and doing a great job!

Stellenbosch Branch of Mama Themba resumed hospital visits in August, but our local hospitals are still only allowing family members to visit the moms and babies in the MOU's. We are working towards resuming our visiting service in the early months of 2023.

We are extremely grateful to all our local and overseas Donors, and to our local Partners, Ambassadors and Volunteers for their generous contributions and ongoing and faithful support during 2022. We are also grateful to our Staff and Thembalitsha colleagues and Board for their hard work and support during 2022.

- Lindy Officer  
*Project Manager*



**260 WOMEN & BABIES SUPPORTED IN HOSPITALS**



**3017 CARE BAGS PROVIDED**

to newborn & premature babies

- 42 Toiletry Bags for Kanga Moms in Hospital
- 16 Community Emergency Bags



**7,605 BENEFITED FROM EDUCATION & SUPPORT**

- At Facilities: 5,417
- Support Groups: 2,188



**FACILITIES ASSISTED**

- 5 Clinics
- 3 Hospitals



**118 VOLUNTEERS**

- Packing Bags & helping in Office: 17
- Knitting, sewing & miscellaneous: +/- 100



**1552 BLANKETS**

- 517 blankets: Mothers Day campaign 2022
- 1035 blanketS: MT orders in Apr - Dec 2022
- R63895-18 - Total income for baby blanket



EDUCATION

# AGAPE EDUCARE, THEMBANI EDUCARE & GRACELAND PRE-SCHOOL

We celebrate the promotion of Thabisa Mdolomba from Project Manager at Agape Educare to Educare Manager of the 3 Early Childhood Development Centres. Agape Educare is enjoying its first-ever vehicle which ensures the day-to-day running and errands can happen without a hitch.

Themبani opened its doors to a Grade R class at the beginning of the year and in December we celebrated 20 graduates! We are very excited to be opening another pre-Grade R class due to the high demand in 2023. We strive to ensure the safety of our children and staff and therefore have a dedicated safe room on the premises due to the volatile political strikes that occur.

Graceland pre-school saw some changes in that Elizabeth Solomons (Project Manager) will be back in the classroom part-time in the 3-4-year-old class. Elizabeth is delighted with this addition to her role as she is all for getting down to play time and education through fun.

Thembalitsha is all about upskilling staff and we are proud to say that both Leon Solomons (caretaker) and Motlalepule Mosolo (maintenance supervisor) received their certificate for Working at Heights. This ensures that Thembalitsha is compliant with Healthy and Safety regulations should any work need doing requiring height access. The first project will be for them to paint the roof at Graceland!

We are thankful for partnerships that encourage and develop our children during a school day at our 3 ECDs. This ranges from mission team visits to install playground equipment, Kinderkinetics who give of their time to promote and optimise neuro-motoric development, nutrition training by a Dietician for the cooks, Education development programmes; maths through play, baking, etc.



**79 237 NUTRITIOUS  
MEALS SERVED**

\*Breakfast, Snack & Lunch



**BENEFICIARIES**

178 Children



**95 GRADUATES**

- 50 Students ready for Grade 1
- 45 Students ready for Grade R



# SCHOOL OF HOPE

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At the culmination of the loosening of lockdown and level restrictions, schools were left with the mammoth task of attempting a pathway for learners that have been marginalised not only by self-design or a series of circumstances, but also the loss of teaching and academic time.

As a result of this, it was paramount together with the Western Cape Education Department to have a recovery plan that would afford all learners; those with academic, psychological, and social barriers an equal opportunity of performing within their ability(ies) with assistance from all educators. The current grade 12 cohort have undergone many challenges but rose to the occasion with unselfish support from both teachers and parents. They all completed their final exams with a sense of completion to the year, yet, with great nostalgia. We are eagerly awaiting, with great anticipation their results.

We have embarked on a new application process; our grade 8's for 2023. Based on the waiting list numbers, we contacted all parents/guardians/caregivers in terms of a newly adopted system: each applicant would be taking an entrance exam for both English and Math. After that, each candidate would be interviewed by a panel and then recommendations would be made. In addition to that, parents will then be informed of outcome and documentation forwarded to them. The grade 8 learners will be arriving for an induction one week prior to the start of the academic year in 2023.

Over the course of this year, we have been in consultation with the Patrizia Foundation in lieu of a funding proposal. Should this become a reality, School of Hope will be migrating from and migrating to; from being totally dependent on paper, to that of learners becoming part of the digital revolution. We are extremely excited about this, as both learners, teaching and non-teaching staff will be receiving the necessary training. In addition to that, we have sourced the services of an IT consultant, Ria Verhoef, who would be responsible for mentoring and coaching.

Next, due to our location, it makes it almost impossible to offer extra-mural activities, as we are in an urban complex. However, our vision is to offer a series of workshops, cultural, visual, and performing arts, as well other-related activities. In doing this, we are endeavouring to provide

learners with an holistic education. Also, we have partnered with organisations that would be offering support and services in terms of career guidance and counselling for grades 10-12, subject choices counselling, as well as testing and other offerings. Our school will be migrating to MS Teams for better collaboration and will be adding an LMS system to help learners.

Lastly, the SMT (School Management Team) concluded their 2<sup>nd</sup> leg of Strategic Planning; the first being creating a positive learning environment through the enforcement and adoption of: a new learner code of conduct, the creation of a substance abuse policy, together with a social media policy.

Towards the end of November, we had a guest speaker dealing with Effective Communication within the classroom. It reinforced what we have implemented in terms of policy and procedures.

Our learner numbers have remained constant at 160, with 2 learners migrating to another area, due to family circumstances. Our current teaching cohort consist of a mix of experienced and millennial teachers. This excites me as we are attempting to create a vibrant, yet stable environment. Currently, we are conducting a series of interviews for a Social Sciences and CAT teacher. Learners have registered for 2023, and by the looks of it, we will be retaining 98% of our learners. As far as teachers are concerned, we have been very stable since my arrival.

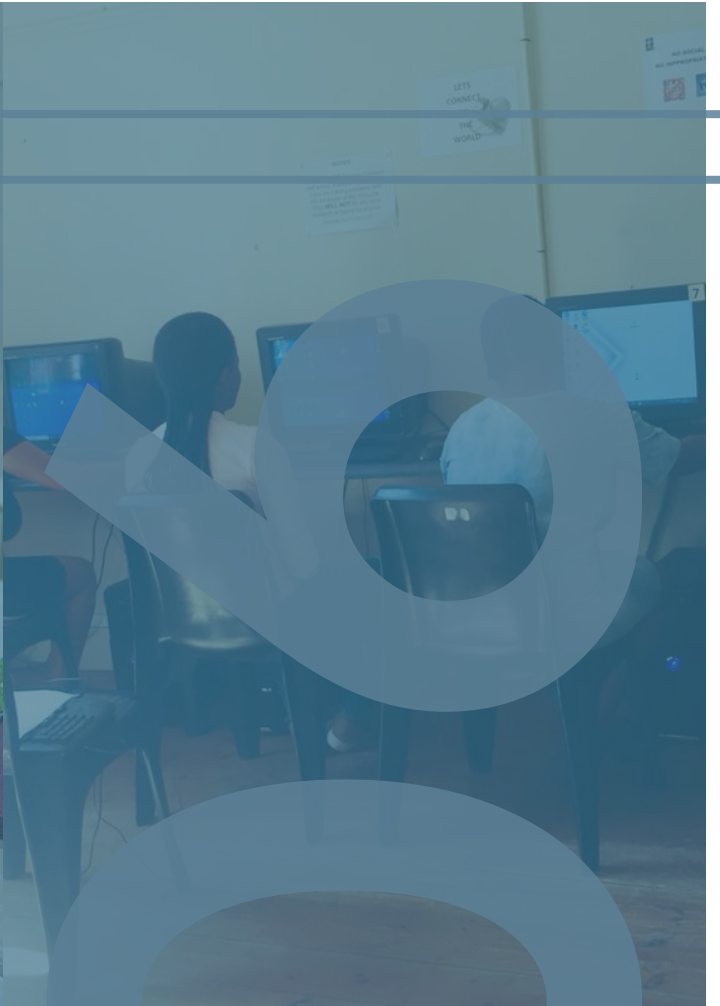
- Patrick Lewis  
*Project Manager / Principal*

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## 2022 ACADEMIC PASS RATE

- Grade 8: 90%
- Grade 9: 87%
- Grade 10: 100%
- Grade 11: 100%
- Grade 12: 51.7%

\* Drop-out rate: 1 learner was de-registered



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# TRAINING

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# THEMBA CONNECT

For Themba Connect 2022 was a year of re-imagining the project, formulating strategic partnerships with stakeholders while working to win the hearts of the community members. 2023 will be a year of implementation and evaluation as we pave a way forward for the project

Some challenges include: Themba Connect is in desperate need of power and water supply back up. Power cuts and water cuts have become a serious challenge in the area due to infrastructure failure and loadshedding

- Sakhumzi Klaas  
*Project Manager*



## MOBILE TOY LIBRARY

Total of 684 children received assistance in our ECD program



## 1 624 TC USERS: JAN- NOV 2022

\* Includes: meetings; events; workshops; inquiries



## AMOUNT OF COURSE ATTENDEES

- Sewing course training: 5
- Computer training: 13
- Gardening training: 2
- Gender Based Violence Workshops: 52
- Youth Development Events and Life Skills: 258
- Internet Cafe: 618



# THEMBA TRAINING

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Themba Training's main objective in 2022 was:

- Reintroducing our sewing training courses again after the COVID 19 pandemic.
- To continue developing a space for other community members to access knowledge, information and training for other needs that they might have in terms of their skill development journey.
- To continue to provide quality sewing contract service to our existing clients, re-establish ties with clients who've been 'quiet' and start producing products for new clients.
- To relaunch the Themba Training online shop and develop branding for this as well as source/ develop items to stock this shop.

We were able to do the above and more.

In the second quarter of 2022 Themba Training Project Manager discussed the idea of a community centre used for skill development with the Managing Director. The vision for this centre is to bring people from different sides of the racial, gender, cultural, education and socio-economic spectrum together, so that, as a whole, we can build bridges in our community leaving all who participate with hope, dignity and empowerment.

The Thembalitsha Foundation board approved this idea in the third quarter of 2022 and Themba Training moved into Yethemba Place in October 2022. The Thembalitsha Foundation service centre staff moved into the same premises in December 2022. At the time of this report, all 5 of the training funnels have been structured, with its operations to start in February 2023.

Two local NGO's have been identified to host 2 of the new training funnels (Woodwork, barista/hospitality training)

Three volunteers have been identified and have already started assisting in two of the other training funnels (sewing and entrepreneurial/business training)

One consultant has expressed her availability to assist in setting up the PC training funnel

Although the finer details of each of the new aspects of Yethemba Place will still be ironed out, we are very excited

about the amount of "community" that have already put their hands up to help us with this vision: to facilitate ALL individuals in our local community towards hope, dignity and practical empowerment by means of adult skill development.

## HIGHLIGHTS/EVENTS:

- Employed Nonkqubela Ngamxeli as staff member. (She started as a beneficiary, worked as a sewing contractor)
- Move to Yethemba Place
- Developed volunteers from the local community to assist with 4 new training funnels, marketing, strategic planning and the setting up of Yethemba Place. This is a continuing process.
- Continued with providing an income to sewing contractors, Employing one sewing contractor.
- We have successfully worked on 9 Small Businesses products, ensuring income for our sewing contractors
- The Themba Training team again was instrumental in assisting a client with her Kamers/Makers stock in March 2022
- Started Saturday Sewing support groups during the 2nd quarter of 2022.
- Developed a Themba Training satellite training space at one of Thembalitsha Foundation's Educare centres and started presenting training there in the 2nd quarter of 2022
- We have produced approximately 4800 products for 17 local businesses in 2022
- We have trained approximately 38 beneficiaries during 2022

## CHALLENGES/RISKS IDENTIFIED:

- Funding for overhead costs
- Seeing production drop during the quiet months remains a challenge - sales rep /volunteer to assist with this- as well as online shop marketing in 2023.
- Safe use of our internet will have to be established in 2023 in order for PC to be used in our internet café/ hotdesking space as well as increase in staff and volunteers using this facility.

- Marla van der Merwe  
*Project Manager*

# THE HUB

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1ST QUARTER: No training took place this quarter. There were meetings with stakeholders to prepare for training and participants that will come from Community Works Programme. Community Works Programme runs a community works programme with community volunteers to clean the streets, clean storm water drains, volunteer in community centres like NGOs and Educare Centres and run vegetable Gardens in the community. This organization has over 1000 volunteers in Theewaterskloof municipality and a majority is in Grabouw as it is the biggest town in this municipality. These participants will enhance community gardens and work in Educare Centres and primary schools.

2ND QUARTER: We have hosted Vegetable trainings for 39 beneficiaries. This group consist of community workers that volunteer under Community Works Programme and Gardeners of Educare Centres and local primary schools. These trainings will assist them with knowledge to start or expand their existing Vegetable Gardens. Some will form part of community vegetable projects for income generation. The word is spreading out to more people about the successes of the trainings and an interest in community is developing to partake in these trainings.

3RD QUARTER: We hosted vegetable trainings for Educare Centres to promote healthy life style and good diet among children. These trainings also assist them to participate in growing vegetable gardens at home and help watering the garden at their schools. We believe that changing the narrative and promoting interest in vegetable garden will assist poor families with food security.

4TH QUARTER: We completed 15 home visits to check the progress of the training as well as the vegetable gardens. A lot of our participants used the knowledge from the vegetable gardens to start personal home back yard gardens to feed their families. Some used the skills to work and start community gardens and others work in ECD centres and their produce is used to cook for children in Educare Centres.

We have partnered with Old Mutual's Financial Education Division to provide free Personal Financial Management trainings to the community. These trainings focus in teaching people how to budget and plan their finances. This assist in understanding spending habits that usual makes people not being able to use money accordingly. These trainings were divided in two sessions. One training of 8 people and another training of 12 people. Participants were principals of Educare Centres in and around Grabouw.

- Unathi Mabulu  
*Project Manager*



## FOOD GARDEN TRAININGS

Total of 7 vegetable trainings presented



## FINANCIAL TRAININGS

2 Financial trainings completed



## 15 HOME VISITS

To check progress on food gardens



## HEALTH AND SAFETY

3 Health and safety meetings presented



# THEMBALITSHA FOUNDATION

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Thembalitssha Foundation is incredibly grateful to our leadership, staff, beneficiaries and partners both local and abroad. We are proud of the accomplishments we achieved as an organisation in 2022 and believe through a continued commitment to our values that we will see further success in 2023. Thank you for partnering with us in restoring HOPE!

[www.hope.org.za](http://www.hope.org.za)

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SICK AND VULNERABLE IN SOUTH AFRICA THROUGH OUR  
EDUCATION, HEALTH AND TRAINING PROJECTS.